



Senior Transit Plan: Staying Mobile & Independent

Name: _____ Date Updated: _____

1. Public Paratransit (Door-to-Door Service) *These services are typically subsidized by the city but require an application and a "Transit Card."*

- **My Local Service:** _____ (Examples: Wheel-Trans, HandyDART, OC Transpo, TransHelp, Calgary Transit)
- **Booking Phone Number:** _____
- **My Client/ID Number:** _____
- **Notes:** (e.g., "Must book 24 hours in advance") _____

2. Private Rideshare (Concierge Support) *For immediate trips or social outings where you don't want to wait for public transit.*

- **Option A: GoGoGrandparent** (No smartphone needed)
 - **Phone:** 1-855-560-8237
- **Option B: Uber "Call-to-Ride"**
 - **Phone:** 1-833-USE-UBER
- **My Preferred Driver Type:** (e.g., "Request XL for Walker space") _____

3. Community & Volunteer Support *Best for medical appointments and recurring social clubs.*

- **Canadian Red Cross Transportation:** _____
- **Local Volunteer Program:** _____ (e.g., Royal Canadian Legion, CHATS, or Church group)
- **Contact Name/Number:** _____

4. My Personal Safety Net (Neighbors & Family) *For emergencies or "Plan B" when other transit is unavailable.*

- **Primary Contact:** _____ **Phone:** _____
- **Secondary Contact:** _____ **Phone:** _____
- **Spare Key Location:** _____